

## **Books on PRP Skills**

*Books may be purchased from any major bookstore or online bookseller.*

Reivich, K., & Shatté, A. (2002). *The resilience factor*. New York: Broadway Books.

Seligman, M.E.P., Reivich, K., Jaycox, L., & Gillham, J. (1995). *The optimistic child*.  
New York: Houghton Mifflin.