

VITAE

NAME: Robert John DeRubeis

POSITIONS: Associate Dean for the Social Sciences and
Professor of Psychology
School of Arts and Sciences
University of Pennsylvania

Secondary appointments at Penn:
School of Medicine (Psychiatry)
Graduate School of Education

BORN: October 22, 1953
Cincinnati, Ohio

ADDRESS: Office: University of Pennsylvania
Department of Psychology
3720 Walnut Street
Philadelphia, PA 19104-6241
TELEPHONE: (215) 573-5804
e-mail: derubeis@psych.upenn.edu

Home: 229 N. Essex Avenue
Narberth, PA 19072
TELEPHONE: (610) 660-0592

EDUCATION: B.A. in Psychology, 1975
University of Wisconsin
Madison, Wisconsin

Ph.D. in Psychology (Clinical), 1983
University of Minnesota
Minneapolis, Minnesota

LICENSURE: Licensed Psychologist in Pennsylvania

EDITORIAL ACTIVITIES: Editorial Board Member:
Cognitive Therapy and Research, 1983-present
Psychotherapy Research, 1991-present
The Journal of Psychotherapy Practice and Research,
1991-present
Journal of Consulting and Clinical Psychology,
1995-present
Reviewer:
Behavior Therapy, Clinical Psychology Review
Journal of Abnormal Psychology, Psychological Bulletin,
Journal of Personality and Social Psychology
Ad Hoc Reviewer and Site-Visitor,
National Institute of Mental Health
National Institute on Aging

FUNDED RESEARCH:

Co-Principal Investigator, St. Paul-Ramsey Hospital Medical Education and Research Foundation Grant No. 8291, "Effects of task order on performance and mood in depression." 1/81 - 1/83.

Co-Principal Investigator, NIMH Grant No. 5 R01 MH33209-04, "Cognitive therapy in relation to drugs in depression." 7/1/82 - 6/30/84.

Recipient, University of Pennsylvania Biomedical Research Support Grant, "The relationship of therapist behavior and patient improvement in the cognitive therapy of depressed adults." 7/1/84 - 6/30/85.

Recipient, University of Pennsylvania Committee on Faculty Grants and Awards Fellowship, "The relationship of therapist behavior and patient improvement in the cognitive therapy of depressed adults." 7/1/84 - 6/30/85.

Co-Principal Investigator, NIMH Grant No. R01 MH38843-03, "Psychopathology of depression, anxiety and suicide." 1/1/87 - 12/31/89.

Recipient, University of Pennsylvania Research Foundation Grant, "Investigations of treatment mechanisms and underlying pathology in depression." 1/1/88 - 12/31/89.

Co-Principal Investigator, NIMH Grant No. 1 R01 MH4380-01, "Focused cognitive therapy for panic disorder." 4/1/88 - 3/31/91.

Recipient, University of Pennsylvania Research Foundation Grant, "Investigations of Depression and its Treatment." 1/1/91 - 12/31/92.

Recipient, University of Pennsylvania Research Foundation Grant, "The Effects of Psychosocial Stress on Cell-mediated Immunity: Psychological and Biological Correlates." 1/1/93 - 12/31/93.

Recipient, University of Pennsylvania Research Foundation Grant, "Cognitive therapy and pharmacotherapy for depression." 1/1/96 - 12/31/96.

Principal Investigator, NIMH Grant R10 MH55877, "Cognitive therapy and pharmacotherapy for depression." \$1,495,364 direct costs. 9/30/96 - 8/31/01.

Principal Investigator, NIMH Grant R01 MH60713, "Prevention of Recurrence in Depression with Drugs and CT." \$2,595,514 direct costs. 5/1/02 - 4/30/06.

PUBLICATIONS:

- *Lykken, D. T., Tellegen, A., & **DeRubeis, R. J.** (1978). Volunteer bias in twin research: The rule of two-thirds. *Social Biology*, 25, 1-9.
- DeRubeis, R. J.**, & Hollon, S. D. (1981). Behavioral treatment of the affective disorders. In L. Michelson, M. Hersen, & S. M. Turner (Eds.), *Future perspectives in behavior therapy*. New York: Plenum Press.
- *Hollon, S. D., & **DeRubeis, R. J.** (1981). Placebo-psychotherapy combinations: Inappropriate representations of psychotherapy in drug-psychotherapy comparative trials. *Psychological Bulletin*, 90, 467-477.
- ***DeRubeis, R. J.**, Hollon, S. D., Evans, M. D., & Bemis, K. M. (1982). Can psychotherapies for depression be discriminated? A systematic investigation of Cognitive Therapy and Interpersonal Therapy. *Journal of Consulting and Clinical Psychology*, 50, 744-756.
- *Luborsky, L., & **DeRubeis, R. J.** (1984). The use of psychotherapy treatment manuals: A small revolution in psychotherapy research style. *Clinical Psychology Review*, 4, 5-10.
- *Hollon, S. D., **DeRubeis, R. J.**, & Evans, M. D. (1987). Causal mediation of change in treatment for depression: Discriminating between nonspecificity and noncausality. *Psychological Bulletin*, 102, 139-149.
- DeRubeis, R. J.**, & Beck, A. T. (1988). Cognitive therapy. In K. S. Dobson (Ed.), *Handbook of cognitive-behavioral therapies*. New York: Guilford.
- Hollon, S. D., Evans, M. D., & **DeRubeis, R. J.** (1988). Preventing relapse following treatment for depression: The cognitive pharmacotherapy project. In T. M. Field, P. M. McCabe, & N. Schneiderman (Eds.), *Stress and coping across development*, pp. 227-243. Hillsdale, NJ: Erlbaum.
- *Garvey, M. J., Hollon, S. D., Evans, M. D., **DeRubeis, R. J.**, & Tuason, V. B. (1988). The association of MHPG to dexamethasone suppression test status. *Psychiatry Research*, 24, 223-230.
- *Barber, J. P., & **DeRubeis, R. J.** (1989). On second thought: Where the action is in cognitive therapy for depression. *Cognitive Therapy and Research*, 13, 441-457.
- ***DeRubeis, R. J.**, Hollon, S. D., Evans, M. D., Garvey, M. J., Grove, W. M., & Tuason, V. B. (1990). How does cognitive therapy work? Cognitive change and symptom change in cognitive therapy and pharmacotherapy for depression. *Journal of Consulting and Clinical Psychology*, 58, 862-869.
- *Haaga, D. A. F., Stewart, B. L., Beck, A. T., & **DeRubeis, R. J.** (1990). IQ independence of measures of dysfunctional cognition. *Journal of Psychopathology and Behavioral Assessment*, 12, 299-307.

PUBLICATIONS (continued):

- *Garvey, M. J., Hollon, S. D., **DeRubeis, R. J.**, Evans, M. D., & Tuason, V. B. (1990). Does twenty-four hour urinary MHPG predict treatment response to antidepressants? I. A review. Journal of Affective disorders, 20, 173-179.
- *Garvey, M. J., **DeRubeis, R. J.**, Hollon, S. D., Evans, M. D., & Tuason, V. B. (1990). Does twenty-four hour urinary MHPG predict treatment response to antidepressants? II. Association between imipramine response and low MHPG. Journal of Affective Disorders, 20, 181-184.
- ***DeRubeis, R. J.**, & Feeley, M. (1990). Determinants of change in cognitive therapy for depression. Cognitive Therapy and Research, 14, 469-482.
- Hollon, S. D., **DeRubeis, R. J.**, & Evans, M. D. (1990). Combined cognitive therapy and pharmacotherapy in the treatment of depression. In D. Manning and A. Frances (Eds.), Combination drug and psychotherapy in depression. Washington, D.C.: American Psychiatric Press.
- Hollon, S. D., Evans, M. D., & **DeRubeis, R. J.** (1990). Cognitive mediation of relapse prevention following treatment for depression: Implications of differential risk. In R. E. Ingram (Ed.), Psychological aspects of depression (pp. 117-136). New York: Plenum Press.
- *Ackermann, R., & **DeRubeis, R. J.** (1991). Is depressive realism real? Clinical Psychology Review, 11, 565-584.
- *Haaga, D. A., Stewart, B. L., Beck, A. T., & **DeRubeis, R. J.** (1991). Relationship of intelligence with cognitive therapy outcome. Behaviour Research and Therapy, 29, 277-281.
- *Garvey, M., Hollon S., & DeRubeis R. (1991). Is there a relationship between MHPG and anxiety in depressed patients? Psychiatry Research, 38, 187-95.
- *Garvey, M. J., **DeRubeis, R. J.**, Hollon, S. D., & Evans, M. D. (1991) Response of depression to very high plasma levels of imipramine plus desipramine. Biological Psychiatry, 30,57-62.
- *Barber, J. P., & **DeRubeis, R. J.** (1992). The Ways of Responding: A scale to assess compensatory skills taught in cognitive therapy. Behavioral Assessment, 14, 93-115.
- *Hollon, S. D., **DeRubeis, R. J.**, Evans, M. D., Wiemer, M. J., Garvey, M. J., Grove, W. M., & Tuason, V. B. (1992). Cognitive therapy and pharmacotherapy for depression: Singly and in combination. Archives of General Psychiatry, 49, 774-781.
- *Evans, M. D., Hollon, S. D., **DeRubeis, R. J.**, Piasecki, J. M., Garvey, M. J., Grove, W. M., & Tuason, V. B. (1992). Differential relapse following cognitive therapy and pharmacotherapy for depression. Archives of General Psychiatry, 49, 802-808.
- *Hollon, S. D., **DeRubeis, R. J.**, & Seligman, M. E. P. (1992). Cognitive therapy and the prevention of depression. Applied and Preventive Psychology, 1, 89-95.

PUBLICATIONS (continued):

- Engel, R. A., & **DeRubeis, R. J.** (1993). The role of cognition in depression. In P. C. Kendall & K. S. Dobson (Eds.), Psychopathology and cognition, pp. 83-119. Orlando, FL: Academic Press.
- *Garvey, M. J., Hollon, S. D., & **DeRubeis, R. J.** (1993). Changes in urinary MHPG during treatment with imipramine. Biological Psychiatry, *34*, 562-564.
- *Zorrilla, E. P., Redei, E., **DeRubeis, R. J.**, (1994). Reduced cytokine levels and T-cell function in healthy males: Relation to individual differences in subclinical anxiety. Brain, Behavior, and Immunity, *8*(4): 293-312.
- *Garvey, M. J., Hollon, S. D., & **DeRubeis, R. J.** (1994). Do depressed patients with higher pretreatment stress levels respond better to cognitive therapy than imipramine? Journal of Affective disorders, *32*, 45-50.
- *Haaga, D. A. F., Ahrens, A. H., Schulman, P., Seligman, M. E. P., **DeRubeis, R. J.**, & Minarik, M. L. (1995). Metatraits and cognitive assessment: Application to attributional style and depressive symptoms. Cognitive Therapy and Research, *19*, 121-142.
- DeRubeis, R. J.**, & Hollon, S. D. (1995). The role of explanatory style in the cognitive therapy of depression. In G. Buchanan & M. E. P. Seligman (Eds.), Explanatory style, pp. 99-111. Hillsdale, NJ: Lawrence Erlbaum.
- ***DeRubeis, R. J.** (1995). Thinking about cognition in cognitive therapy. Journal of Cognitive Psychotherapy: An International Quarterly, *9*, 205-212.
- *Castonguay, L. G., Hayes, A. M., Goldfried, M. R., & **DeRubeis, R. J.** (1995). The focus of therapist interventions in cognitive therapy for depression. Cognitive Therapy and Research, *19*, 485-504.
- *Zorrilla, E. P., **DeRubeis, R. J.**, & Redei, E. (1995). High self-esteem, hardiness and affective stability are associated with higher basal pituitary-adrenal hormone levels. Psychoneuroendocrinology, *20*, 591-601.
- Hollon, S. D., **DeRubeis, R. J.**, & Evans, M. D. (1996). Cognitive therapy in the treatment and prevention of depression. In P. M. Salkovskis (Ed.), Frontiers of cognitive therapy, pp. 293-317. New York: Guilford Press.
- *Luborsky, L., Diguier, L., Cacciola, J., Barber, J. P., Moras, K., Schmidt, K., & **DeRubeis, R. J.** (1996). Factors in outcomes of short-term dynamic psychotherapy for chronic vs. nonchronic major depression. Journal of Psychotherapy Practice and Research, *5*, 152-159.
- *Freeman, E. W., **DeRubeis, R. J.**, Rickels, K. (1996). Reliability and validity of a daily diary for premenstrual syndrome. Psychiatry Research, *65*, 97-106.

PUBLICATIONS (continued):

Luborsky, L., Diguier, L., **DeRubeis, R. J.**, & Schmidt, K. A. (1997). A core battery of measures of depression and principles for their selection. In H. H. Strupp, L. M. Horowitz, & M. J. Lambert (Eds.), Measuring patient changes in mood, anxiety, and personality disorders: Toward a core battery (pp. 283-300). Washington, DC: American Psychological Association.

***DeRubeis, R. J.**, & Crits-Christoph, P. (1998). Empirically supported individual and group psychological treatments for adult mental disorders. Journal of Consulting and Clinical Psychology, *66*, 37-52.

Chambless, D., Baker, M. J., Baucom, D. H., Beutler, L. E., Calhoun, K. S., Crits-Christoph, P., Daiuto, A., **DeRubeis, R. J.**, Detweiler, J., Haaga, D. A. F., Bennett Johnson, S., McCurry, S., Mueser, K. T., Pope, K. S., Sanderson, W. C., Shoham, V., Stickle, T., Williams, D. A., & Woody, S. R. (1998). Update on empirically validated therapies: II. The Clinical Psychologist, *51*, 3-16.

DeRubeis, R. J., Young, P. R., & Dahlsgaard, K. K. (1998). Affective disorders. In A. S. Bellack & M. Hersen (Eds.), Comprehensive clinical psychology (Vol. 6, pp. 339-366). Oxford: Pergamon.

Routh, D. K., & **DeRubeis, R. J.** (Eds.). (1998). The science of clinical psychology. Washington, DC: American Psychological Association Press.

***DeRubeis, R. J.**, Gelfand, L. A., Tang, T. Z., & Simons, A. (1999). Medications versus cognitive behavioral therapy for severely depressed outpatients: Mega-analysis of four randomized comparisons. American Journal of Psychiatry, *156*, 1007-1013.

*Feeley, M., **DeRubeis, R. J.**, & Gelfand, L. A. (1999). The temporal relation of adherence and alliance to symptom change in cognitive therapy for depression. Journal of Consulting and Clinical Psychology, *67*, 578-582.

*Tang, T. Z., & **DeRubeis, R. J.** (1999). Reconsidering rapid early response in cognitive behavioral therapy for depression. Clinical Psychology: Science and Practice, *6*, 283-288.

*Tang, T. Z., & **DeRubeis, R. J.** (1999). Sudden gains and critical sessions in cognitive behavioral therapy for depression. Journal of Consulting and Clinical Psychology, *67*, 894-904.

*Seligman, M. E. P., Schulman, P. S., **DeRubeis, R. J.**, & Hollon, S. D. (1999). The prevention of depression and anxiety. Prevention & Treatment, *2*, Article 8. (online journal; url = <http://journals.apa.org/prevention/volume2/pre0020008a.html>)

DeRubeis, R. J., Tang, T. Z., Gelfand, L. A., & Feeley, M. (2000). Recent findings concerning the processes and outcomes of cognitive therapy for depression. In S. L. Johnson, A. M. Hayes, T. M. Field, N. Schneiderman, & P. M. McCabe (Eds.), Stress, coping, and depression, pp. 223-240. Mahwah, NJ: Lawrence Erlbaum.

PUBLICATIONS (continued):

- DeRubeis, R. J.** (2000). The clinical implications of Samoilov and Goldfried's perspective on emotion in cognitive-behavior therapy. Clinical Psychology: Science and Practice, *7*, 391-393.
- DeRubeis, R. J., & Gelfand, L. A.** (2000). Dr. DeRubeis and Ms. Gelfand reply (Letter to the Editor), American Journal of Psychiatry, *157*, 1025-1026.
- DeRubeis, R. J.** (2001). How negative psychology is integral to positive psychology. In J. E. Gillham (Ed.), The science of optimism and hope, pp. 263-268. Radnor, PA: Templeton Foundation Press.
- *Barber, J. P., & **DeRubeis, R. J.** (2001). Change in compensatory skills in cognitive therapy for depression. Journal of Psychotherapy Practice and Research, *10*, 8-13.
- DeRubeis, R. J., Tang, T. Z., & Beck, A. T.** (2001). Cognitive therapy. In K. S. Dobson (Ed.), Handbook of cognitive-behavioral therapies (2nd Ed.), pp. 349-392. New York: Guilford.
- *Kuyken, W., Kurzer, N. C., **DeRubeis, R. J.**, Beck, A. T., & Brown, G.K. (2001). Response to cognitive therapy in depression: The role of maladaptive beliefs and personality disorders. Journal of Consulting and Clinical Psychology, *69*, 560-566.
- *Andrusyna, T. P., Tang, T. Z., **DeRubeis, R. J.**, & Luborsky, L. (2001). The factor structure of the Working Alliance Inventory in cognitive-behavioral therapy. Journal of Psychotherapy Practice and Research, *10*, 173-178.
- Scott, J., & **DeRubeis, R. J.** (2001). Cognitive therapy and psychosocial interventions in chronic and treatment-resistant mood disorders. In J. D. Amsterdam, A. A. Nierenberg, & M. Hornig (Eds.), Treatment-resistant mood disorders, pp. 252-269. London: Cambridge University Press.
- ***DeRubeis, R. J.**, & Stirman, S. W. (2001). Determining the pertinence of psychotherapy outcome research findings for clinical practice. Journal of Consulting and Clinical Psychology, *69*, 908-909.
- *Strunk, D. R., & **DeRubeis, R. J.** (2001). Cognitive therapy for depression: A review of its efficacy. Journal of Cognitive Psychotherapy: An International Quarterly, *15*, 289-297.
- *Barber, J. P., Foltz, C., **DeRubeis, R. J.**, & Landis, R. J. (2002). Consistency of interpersonal themes in narratives about relationships. Psychotherapy Research, *12*, 139-158.
- *Hollon, S. D., **DeRubeis, R. J.**, Shelton, R. C., & Weiss, B. (2002). The emperor's new drugs: Effect size and moderation effects. Prevention & Treatment, *5*, <http://journals.apa.org/prevention/volume5/pre0050028c.html>
- Stirman, S. W., & **DeRubeis, R. J.** (2002). A new generation of outcome research. Pennsylvania Psychologist.

PUBLICATIONS (continued):

- *Stirman, S., **DeRubeis, R. J.**, Crits-Christoph, P., & Brody, P. (2003). Are samples in randomized controlled trials of psychotherapy representative of community outpatients? A new methodology and initial findings. Journal of Consulting and Clinical Psychology, *71*, 963-972.
- *Young, P. R., Grant, P., & **DeRubeis, R. J.** (2003). Some lessons from group supervision of cognitive therapy for depression. Cognitive & Behavioral Practice, *10*, 30-40.
- *Farah, M. J., Brotman, M. A., **DeRubeis, R. J.**, Wang, J., Detre, J. A., Egeth, M. J., Cornew, L. A., & O'Reardon, J. P. (2003). The mind and the amygdala: A quantitative fMRI study of amygdala perfusion during cognitive mood induction. Brain and Cognition, *51*, 184.
- *O'Reardon, J. P., Brotman, M. A., DeRubeis, R. J., Wang, J., Detre, J. A., Egeth, M. J., Cornew, L. A., & Farah, M. J. (2003). Prefrontal-amygdala interactions and mood regulation: A perfusion fMRI study. Brain and Cognition, *51*, 185.
- Brotman, M. A., & **DeRubeis, R. J.** (2004). A comparison and appraisal of theories of rumination. In C. Papageorgiou & A. Wells (Eds.), Depressive rumination: Nature, theory, and treatment, pp. 177-184. Chichester, England: Wiley.
- *O'Reardon J. P., Chopra, M. P., Bergan, A, Gallop, R., **DeRubeis, R. J.**, Crits-Christoph, P. (2004). Response to tryptophan depletion in major depression treated with either cognitive therapy or selective serotonin reuptake inhibitor antidepressants. Biological Psychiatry, *55*, 957-959.
- *Stirman, S. W., Crits-Christoph, P, & **DeRubeis, R. J.** (2004). Achieving successful dissemination of empirically supported adult psychotherapies: A synthesis of dissemination theory. Clinical Psychology: Science and Practice, *11*, 343-359.
- *Stirman, S. W., **DeRubeis, R. J.**, Crits-Christoph, P., & Rothman, A. (2005). Can the randomized controlled trial literature generalize to non-randomized patients? Journal of Consulting and Clinical Psychology, *73*, 127-135.
- *Tang, T. Z., **DeRubeis, R. J.**, Beberman, R., & Pham, T. (2005). Cognitive changes, critical sessions, and sudden gains in cognitive-behavioral therapy for depression. Journal of Consulting and Clinical Psychology, *73*, 168-172.
- ***DeRubeis, R. J.**, Hollon, S. D., Amsterdam, J. D., Shelton, R. C., Young, P. R., Salomon, R. M., O'Reardon, J. P., Lovett, M. L., Gladis, M. M., Brown, L. L., & Gallop, R. (2005). Cognitive therapy vs medications in the treatment of moderate to severe depression. Archives of General Psychiatry, *62*, 409-416.
- *Hollon, S. D., **DeRubeis, R. J.**, Shelton, R. C., Amsterdam, J. D., Salomon, R. M., O'Reardon, J. P., Lovett, M. L., Young, P. R., Haman, K. L., Freeman, B. B., & Gallop, R. (2005). Prevention of relapse following cognitive therapy vs medications in moderate to severe depression. Archives of General Psychiatry, *62*, 417-422.

PUBLICATIONS (continued):

*Noble, R. E. S., Gelfand, L. A., & **DeRubeis, R. J.** (2005). Reducing exposure of clinical research subjects to placebo treatments. Journal of Clinical Psychology, 61, 881-892.

***DeRubeis, R. J.**, Brotman, M. A., & Gibbons, C. J. (2005). A conceptual and methodological analysis of the nonspecifics argument. Clinical Psychology: Science and Practice, 12, 174-183.

Stirman, S. W., & **DeRubeis, R. J.** (2005). Research patients and clinical trials are frequently representative of clinical practice. In J. C. Norcross, L. E. Beutler, & Ronald F. Levant (eds.), Evidence-based practices in mental health: Debate and dialogue on the fundamental questions, pp. 171-179, and 182-189. Washington, DC: APA Books.

Franklin, M., & **DeRubeis, R. J.** (2005). Efficacious laboratory-validated treatments are generally transportable to clinical practice. In J. C. Norcross, L. E. Beutler, & Ronald F. Levant (eds.), Evidence-based practices in mental health: Debate and dialogue on the fundamental questions, pp. 375-383, 393-395, and 397-402. Washington, DC: APA Books.

*Gelfand, L. A., Strunk, D. R., Tu, X., Noble, R. E. S., & **DeRubeis, R. J.** (in press). Bias resulting from the use of “assay sensitivity” as an inclusion criterion for meta-analysis. Statistics in Medicine.

SELECTED CONFERENCE PRESENTATIONS:

DeRubeis, R. J. (1981, August). Differentiating two psychotherapies: Cognitive Therapy versus Interpersonal Psychotherapy. Paper presented at the Annual Convention of the American Psychological Association, Los Angeles.

DeRubeis, R. J. (1983, December). Outcome, clinical follow-up, and the prediction of response. Paper presented at the World Congress on Behavior Therapy, the 17th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, D.C.

DeRubeis, R. J., Feeley, M., & Barber, J. P. (1987, November). Determinants of change in cognitive therapy for depression. In N. Jacobson (Chair), Cognitive behavioral treatments for depression: New developments in clinical research. Symposium conducted at the meetings of the Association for the Advancement of Behavior Therapy, Boston.

DeRubeis, R. J. (1987, November). Depression. In K. Holroyd (Chair), Towards the integration of psychological and pharmacological treatments: Emerging findings with four disorders. Symposium conducted at the meetings of the Association for the Advancement of Behavior Therapy, Boston.

DeRubeis, R. J., Feeley, M., & Barber, J. P. (1988, June). Facilitative conditions, adherence, client cooperation and helping alliance in cognitive therapy of depression. In R. J. DeRubeis (Chair), The role of the helping alliance and other process variables in cognitive therapy. Panel conducted at the 19th annual meeting of the Society for Psychotherapy Research, Santa Fe, New Mexico.

SELECTED CONFERENCE PRESENTATIONS (continued):

DeRubeis, R. J., & Feeley, M. (1989, June). Determinants of change in cognitive therapy for depression. Paper presented at the First World Congress of Cognitive Therapy, Oxford, England.

DeRubeis, R. J., Hollon, S. D., & Evans, M. D. (1989, June). Cognitive therapy, imipramine and their combination in the treatment of depression: Findings from the CPT Project. Paper presented at the First World Congress of Cognitive Therapy, Oxford, England.

DeRubeis, R. J. (1989, November). Tests of models of change in cognitive therapy of depression. Presented in N. Jacobson (Chair), Understanding the Process of Change in Cognitive Therapy of Depression. Symposium held at the 23rd annual convention of the Association for the Advancement of Behavior Therapy, Washington, D.C.

DeRubeis, R. J. (1991, August). The change process in cognitive therapy: Schema change or skill acquisition? In J. B. Persons (Chair), Processes of Change in Cognitive Therapy for Depression. Symposium held at the annual convention of the American Psychological Association, San Francisco, California.

DeRubeis, R. J. (1992, November). Thinking about cognition in cognitive therapy: A commentary. Presented in B. A. Alford (Chair), Is Cognitive Therapy Really Cognitive? Symposium held at the 26th annual convention of the Association for the Advancement of Behavior Therapy, Boston, Massachusetts.

DeRubeis, R. J. (1994, February). Prediction of response to treatments for depression: Methods and findings. In J. Samson, (Chair), Recent Findings in Cognitive Therapy. Symposium held at the meeting of the North American Society of Psychotherapy Research, Santa Fe, New Mexico.

DeRubeis, R. J. (1995, July). The process of cognitive therapy in the prevention of relapse/recurrence in depression. In I. Blackburn, (Chair), Prevention of Relapse/Recurrence of Depression. Symposium held at the First World Congress of Behavioural and Cognitive Therapies, Copenhagen, Denmark.

DeRubeis, R. J. (1995, July). Determinants of change in cognitive therapy of depression. In R. J. DeRubeis, (Chair), Effective Ingredients in Cognitive Therapy of Depression. Symposium held at the First World Congress of Behavioural and Cognitive Therapies, Copenhagen, Denmark.

DeRubeis, R. J. (1996, June). Putting the TDCRP findings in perspective: An across study analysis of cognitive therapy in severe depression. Paper presented in the plenary session of the Annual Meeting of the Society for Psychotherapy Research, Amelia Island, Florida.

DeRubeis, R. J. (1997, February). Cognitive therapy for depression: Who, when, where and why? Presented at the 17th Annual Conference on Stress and Coping, University of Miami, Coral Gables, Florida.

DeRubeis, R. J. (1997, March). Cognitive therapy for depression: Who, when, where and why? Colloquium presented to the Psychology Department, University of Pennsylvania.

SELECTED CONFERENCE PRESENTATIONS (continued):

DeRubeis, R. J. (1997, May). Cognitive therapy is as effective as medications for severe depression: A mega-analysis. In S. Mineka, (Chair), Contemporary psychosocial approaches to depression and its treatment. Symposium held at the annual convention of the American Psychological Society, Washington, DC.

DeRubeis, R. J., Tang, T., & Gelfand, L. A. (1997, November). Cognitive therapy is as effective as pharmacotherapy for severe depression. In R. Jarrett (Chair), Cognitive-behavioral therapy for depression: broadening the indications with empirical support. Symposium held at the 31st Annual Convention of the Association for the Advancement of Behavior Therapy, Miami Beach, FL.

DeRubeis, R. J., Seligman, M. E. P., Schulman, P. E., Reivich, K., & Hollon, S. D. (1998, August). Cognitive behavioral training seminar in the prevention of depression and anxiety in college students. In W. E. Craighead (Chair), Major depression among college students: The real thing. Symposium held at the 106th Annual Convention of the American Psychological Association, San Francisco.

DeRubeis, R. J., Gelfand, L. A., Tang, T. Z., Feeley, M., & Simons, A. D. (1999, November). Challenges to neoconventional wisdom about cognitive therapy for depression. In M. A. Whisman (Chair), Recent advances in cognitive therapy for depression. Symposium, 33rd Annual Convention of the Association for the Advancement of Behavior Therapy, Toronto.

DeRubeis, R. J. (2000, March). The processes and outcomes of cognitive therapy for depression. Paper presented at the Annual Convention of the Eastern Psychological Association, Washington, D.C.

DeRubeis, R. J. (2000, June). Kinds of efficacy and process findings, and how they inform the specificity debate. In W. B. Stiles (Chair), What works in therapy? Revisiting equivalence in the era of empirically supported treatments. Symposium held at the 31st annual meeting of the Society For Psychotherapy Research, Bloomington, Illinois.

DeRubeis, R. J. (2001, July). Acute effects of cognitive therapy, pharmacotherapy, and placebo in severely depressed outpatients. In D. M. Clark (Chair), Cognitive therapy versus medications in the treatment of severely depressed outpatients: Acute response and the prevention of relapse. Symposium held at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

DeRubeis, R. J. (2001, November). Acute effects of cognitive therapy, pharmacotherapy, and placebo in severely depressed outpatients. In G. T. Wilson (Chair), Cognitive therapy versus medications in the treatment of severely depressed outpatients: Acute response and the prevention of relapse. Symposium held at the 35th Annual Convention of the Association for the Advancement of Behavior Therapy, Philadelphia.

DeRubeis, R. J. (2002, May). Moving cognitive therapy from the research clinic to general psychiatric practice. In J. C. Perry (Chair), Psychotherapy research: Challenges for the 21st century. Symposium presented at the 155th Annual Meeting of the American Psychiatric Association, Philadelphia.

SELECTED CONFERENCE PRESENTATIONS (continued):

- DeRubeis, R. J.,** Amsterdam, J. D., O'Reardon, J. P., & Young, P. R. (2002, May). Cognitive therapy vs medications for severe depression: Study design and rationale. In J. Fawcett (Chair), Cognitive therapy vs. medications for severe depression: Acute response and relapse prevention. Symposium presented at the 155th Annual Meeting of the American Psychiatric Association, Philadelphia.
- DeRubeis, R. J.,** & Amsterdam, J. D. (2002, June). Acute effects of cognitive therapy, pharmacotherapy, and placebo in severely depressed outpatients. In R. J. DeRubeis (Chair), Cognitive therapy versus medications in the treatment of severely depressed outpatients: Processes and outcomes. Symposium presented at the 33rd Annual Meeting of the Society for Psychotherapy Research, Santa Barbara.
- Stirman, S. W. & **DeRubeis, R. J.** (2002, June). Moving cognitive therapy from the research clinic to general mental health practice. In J. C. Perry (Chair), Some challenges for psychotherapy research in the 21st Century. Symposium presented at the 33rd Annual Meeting of the Society for Psychotherapy Research, Santa Barbara.
- DeRubeis, R. J.** (2003, November). Mediation of change: Methodological considerations. In D. Strunk (Chair), Testing mediation and moderation in clinical trials. Symposium conducted at the meetings of the Association for the Advancement of Behavior Therapy, Boston.
- DeRubeis, R. J.,** & Gelfand, L. A. (2004, June). Testing mediation and moderation in clinical trials. Paper presented in the plenary session of the annual meeting of the Society for Psychotherapy Research, Rome.
- DeRubeis, R. J.,** Amsterdam, J. D., O'Reardon, J. P., & Young, P. R. (2004, July). Cognitive therapy versus medications: Acute treatment of severe depression. In S. D. Hollon (Chair), Cognitive therapy versus medications: Treatment and prevention of severe depression. Symposium conducted at the annual meeting of the American Psychological Association, Honolulu.
- DeRubeis, R. J.** (November, 2004). Empirically Supported Relationships. Plenary session, North American Society for Psychotherapy Research, Springdale, Utah.
- DeRubeis, R. J.,** Amsterdam, J. D., Shelton, R. C., & Hollon, S. D. (November, 2004). Cognitive therapy versus medications for moderate to severe depression: Who responds and who relapses. In S. W. Stirman (Chair), Comorbidity and the randomized clinical trial: Issues related to randomization, treatment, and outcome. Association for the Advancement of Behavior Therapy, New Orleans.